



East Coast Ju Jutsu chief instructor Noel McHugh (left) with German Shihan Michael Stapel.

Shihan Stapel's first visit

ROB CORWELL REPORTS

EAST COAST Ju Jutsu, and chief instructor Renshi Noel McHugh, will welcome Shihan Michael Stapel to Wexford town to guest at a two-day 'open' seminar (6 and 7 October, 2007) showcasing traditional and modern Ju Jutsu.

A full-time professional instructor based in Germany, Stapel has been practising martial arts for 40 years. He holds the ranks of 6th dan in Nihon Koryu Ju Jutsu, 6th dan Ju Jutsu and 4th dan Kobudo. He travels regularly to Japan and is a direct student of Grandmaster Jun Osano, 8th dan, and the representative of the International Sui-Getsu-Juku Bujutsu Association Japan.

"Shihan Stapel is highly regarded and an excellent teacher," McHugh said. "He holds a license from the German sport association and is a former police officer and self defence instructor for the German police and legal authorities."

At his 'Sui-Getsu-Dojo' in Neuenburg, in the northern Black Forest, Stapel teaches traditional Ju Jutsu, modern Ju Jutsu, Ju Jutsu semi-contact combat and special self defence for civilians and businesses. "Shihan Stapel's objective is for students to enjoy their movement, learn to use realistic self defence, and develop their knowledge about Japanese culture," McHugh added.

Shihan Stapel's two workshops will take place in the Presentation College, Wexford Town. Training on day one (Saturday) is from 7-9 p.m. and Sunday, 12 noon-4 p.m. "Students will get to learn Shinto-Mu-Nen-Ryu Iai-Do and Ri Kishin Ryu Bokken Jutsu along with classical skills of the Sui-Getsu-Juke," McHugh said.

Sensei McHugh founded his East Coast Ju Jutsu in 2003. He started teaching in Dublin (where he still teaches today) in Dublin City University (DCU). His martial career began 20 years when he took up Karate-do after which he trained in a number of different arts.

"Over the last four years East Coast Ju Jutsu has grown steadily," McHugh said. "The club moved to bigger premises recently in order to accommodate the growing number of students". McHugh, who runs East Coast as a non-profit and non-political association, has travelled all over the world training and teaching with some of the top senseis. "All members are welcome as our dojo and all stylists are more than welcome to attend our forthcoming workshops with Shihan Stapel," McHugh concluded.

● For further information on the Shihan Michael Stapel October, 2007 seminar contact: Renshi Noel McHugh (086) 1092835; e-mail: noeljujutsu@hotmail.com

● Visit: www.eastcoastjujutsu.com