



➤
Herald
CI Times

➤
Chooks Corner **HOT!!**
Aunty Pati
Island Comment
Oppositions View
The Way Ahead
Brighter side of work

➤
Young Writer
Youth Focus
5 mins with

➤
CI Ponderer

➤
Mountview Lodges
Webcentral

Successful international workshop at Shogun Gym



Back L to R: Shihan Dan, Kapollarni, Aarii, Angela, Phillip, Nana, Hurricane, Teariki
Front L to R: Ferdinand, Shihan Michael, James, Tony.

Shihan Michael Stapel, Sixth Dan, from the Sui Getsu Dojo in Germany has completed a successful Jiu Jitsu and self defence workshop with the students of the Cook Islands Martial Arts Academy (CIMAA).

Also in attendance were Tony Tamarua and son Hurricane, both Tae Kwon Do instructors from Auckland, James Short of Edgewater Hotel Security and CIMAA president Teariki Purua supported by Shogun Gym instructors Shihan Dan Turua, Nana Taruia and John Whitta.

Michael has been an acknowledged and experienced teacher and self defence trainer for many years. He is a student of the infamous Jiu Jitsu Master Jun Osano of Japan and worked as a police officer and instructor for the police force and prison service in Germany.

He has extensive experience in training security company personnel and is the holder of a training licence from the University of Cologne.

"Jochen Klascka must be complimented for sponsoring a martial arts exponent of Michael's calibre to our shores," said Turua. Jochen, a legal officer for the Cook Islands Financial Supervisory Commission, took up Jiu Jitsu after experiencing this dynamic fighting art during Shihan Dan Turua's self defence courses in 2005.

"Michael has added another dimension to our grappling skills and apart from being awesome, he is indeed a humble and dedicated exponent of martial arts," said Klascka.

"Metaki maata to Shogun Gym and CIMAA students and parents for opening their hearts to Shihan Michael, wife Eva and student Ferdinand," he added.

-Charles Pitt/CIMAA

Headlines

[Rugby Union looks for \\$79,000 Handout](#)

[Medical school inquiry stalled](#)

[All foreign investors to be checked by police](#)

[Hui examines impact of art on our lives](#)

[Successful international workshop at Shogun Gym](#)

News Briefs

[Workshops to lead to national strategy on climate change](#)

[SPECIAL REPORT: Cook Islanders in Whangarei](#)



